

MINTALORIAN

INGREDIENTS

- •1 1/2 CUPS ICE
- •1 CUP LEMONADE
- 10 MINT LEAVES
- •2 TABLESPOONS SUGAR
- •WATERMELON OR TROPICAL FRUIT (OPTIONAL)



DIRECTIONS

- 1.) BLEND ICE, LEMONADE, MINT LEAVES, AND SUGAR UNTIL SMOOTH.
- 2.) OPTIONAL: ADD SLICED WATERMELON OR TROPICAL FRUIT FOR GARNISH.

FOR A MINT-CHOCOLATE VERSION, SIMPLY REPLACE THE LEMONADE WITH CHOCOLATE MILK AND OMIT THE GARNISH.

